

ENDOMETRIAL BIOPSY

What is an Endometrial Biopsy?

It is an easy office procedure done to examine tissue from the endometrium, which is the inner lining of the uterus. Your provider may have recommended the procedure to:

- Investigate bleeding occurring irregularly between menstrual periods
- Investigate bleeding occurring after menopause
- Investigate fertility problems

The Procedure

The Endometrial Biopsy is performed in the office with minimal difficulty or discomfort. It is recommended that you take Ibuprofen 600mg 1 hour before the procedure to help minimize any cramping that may occur. The procedure takes about 5-10 minutes and can be performed while you have your menstrual period.

The procedure is done in the same position as a pelvic exam. A speculum is inserted into the vagina to bring the cervix into view. The cervix and the vagina are cleaned with an iodine solution. A small, straw-like catheter is inserted through the cervical opening into the uterus. A small sample of the endometrial tissue lining (the inner part of the uterus) is removed with the catheter. You may experience some cramping during this process.

After the Procedure

The pathology report should be back to your provider in about 1 week. Your provider will call you to discuss the finding and if any further follow up is needed.

You may experience some spotting or mild cramping for 1-3 days after the procedure. You may repeat the Ibuprofen every 6-8 hours as needed. You should avoid tampons for 1 week after the procedure.

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